

OTTER TRAIL GUIDE

TIDES DEC 2026

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0509	1925	0935	2158	0235	1613
2	0509	1925	1100	2326	0355	1741
3	0509	1926	1208	----	0527	1843
4	0509	1927	0036	1259	0633	1929
5	0509	1927	0131	1343	0722	2007
6	0509	1928	0216	1422	0802	2041
7	0509	1929	0256	1458	0839	2113
8	0509	1930	0331	1532	0913	2144
9	0510	1930	0405	1605	0946	2214
10	0510	1931	0436	1637	1019	2244
11	0510	1932	0507	1708	1052	2314
12	0510	1932	0537	1739	1126	2345
13	0510	1933	0609	1811	1201	----
14	0511	1934	0644	1847	0016	1240
15	0511	1934	0726	1928	0051	1326
16	0511	1935	0818	2019	0131	1424
17	0511	1936	0924	2128	0222	1537
18	0512	1936	1040	2256	0330	1704
19	0512	1937	1151	----	0501	1819
20	0513	1937	0022	1252	0622	1918
21	0513	1938	0129	1347	0724	2010
22	0514	1939	0224	1439	0818	2058
23	0514	1939	0314	1531	0908	2144
24	0515	1940	0402	1620	0958	2229
25	0516	1940	0448	1708	1047	2312
26	0517	1940	0534	1753	1135	2354
27	0518	1941	0619	1837	1223	----
28	0518	1941	0705	1920	0034	1311
29	0519	1941	0752	2004	0114	1401
30	0519	1942	0843	2054	0156	1457
31	0520	1942	0943	2200	0244	1610

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

